

OPEN CALL FOR ARTISTS

Deadline: 23.01.2022

Exhibition from February 25 to March 20, 2022
Centrum Kultury Zamek

FOREWORD

For a long time, the body, its processes and body therapy were not addressed in Poland. Usually, the issue of looking after this sphere was associated with undergoing an illness or a disorder and thus with specific treatment. The long-standing ignorance with regard to the integrity of the mind and the body has led to the omission of the aspect of corporeality in the context of human development.

Meanwhile, the subject of the female body, in the physical sense, has always been within the realm of public interest and speculations relating to the evaluation of external appearance.

The above observations are confirmed by the image of the female body shown in the media ; despite the occurring changes, it does not cease to arouse controversies and discussions, which are based on specific social expectations. It would be difficult not to agree with the thesis that as women, we are confronted with an ideal model, which includes features such as fair complexion, tall height, slim figure, physical attributes indicating perfect health, fitness, youth and being trendy in terms of all hygienic and cosmetic procedures. Unfortunately, such models create the risk of lack of self-acceptance, dissatisfaction with our own appearance, a sense of embarrassment, frustration caused

by the inability to achieve the expected ideal. Consequently, in order to meet society's expectations regarding our appearance, many women follow strict diets, wear very tight clothing and resort to all kinds of procedures, from cosmetic treatments to plastic surgery. This social pressure can trigger feelings of shame about body image and fitness and, in people who define themselves by their physical appearance, can even cause depressive states, eating disorders or self-harm. This perception of femininity contributes to constant comparison with unexcelled models and to discrediting our own needs. Participation in this competition leads to confusion, exclusion, obstructs the establishment of good relationships and takes away the sense of sisterhood. Social standards of beauty and perception of the female body can impinge on feelings of intimacy in relationships, not only because of accepted canons, but also because of pornographic representations (see the image of a waitress or a nurse online). In the last few years, thanks to women who have opposed sexual violence, among others, with the #MeToo movement and who addressed the topic of intimacy and female desire, more and more

spaces are being created where we treat our bodies with care, joy, love and acceptance. We are more aware of the patriarchal mechanisms that objectify women's bodies, which allows us to fight against the imposed feelings of shame and gender stereotypes that limit us.

The exhibition centres around the theme of the female body image. We are dealing with a rejection of the stereotypical male gaze that objectifies the female body. We invite all artists, students, professionals and others to send in their work related to this topic. Let us celebrate the diversity of our bodies! We encourage you to share your thoughts on body image, self-acceptance and the shape of a new femininity that transcends the imposed framework.

We want the audience of the exhibition to feel empowered by the art, to feel noticed and represented.

LISTEN TO YOUR BODY, LET IT
EXIST, BE A SUBJECT, WEAR WHAT
YOU WANT, EAT WHAT YOU WANT,
DANCE, SPEAK LOUD,

TAKE UP SPACE

SUBMISSION GUIDELINES AND REGULATIONS

Please read carefully

The works will be presented during a group art exhibition, entitled **TAKE UP SPACE**, from **February 25 to March 20, 2022** and is curated by [Centrum Kultury Zamek](#) in Leśnica, Wrocław.

Important dates

- The open call will run **from December 6, 2021 until January 23, 2022**.
- The participants shall be informed about the results of the open call via email not later than **January 28, 2022**.
- If chosen, artworks shall be delivered **before February 11, 2022**.
- The exhibition will run from **February 25 to March 20, 2022** at the [Castle Art Gallery](#) in Centrum Kultury Zamek.

General stipulations

1. The open call is organised by Centrum Kultury Zamek, seated in pl. Świętojański 1, 54-076 Wrocław.
2. The open call shall proceed according to the present submission guidelines and regulations.
3. The objective of the call is to select works to be displayed as part of the group art exhibition entitled **TAKE UP SPACE**, presented **from February 25 to March 20, 2022**.
4. The works will be selected by the curator of the exhibition Martyna Zaradkiewicz and coordinator Marina Vaz in accordance with the exhibition's concept created by them.
5. Participation in the exhibition does not incur any income, but we guarantee all possible assistance with the exhibition, materials and technical support.

Conditions of participation

1. We would like to encourage new and promising beginners artists, regardless of their artistic career, awards won or educational background. Students and young artists are more than welcome. No prerequisites except from respecting the common thread of the exhibition.
2. The open call is directed to artists from Wrocław in priority but artists from other cities and abroad can also apply. If it is too complicated for the chosen artists to ship their works to us, they can send us photos of their works and we can print and frame it without any additional cost for the artist.

Sizes of the frame

- 100 x 70 cm
 - 50 x 70 cm
 - 50 x 60 cm
 - 50 x 40 cm
3. The artists under the age of 18 must provide us with a signed parental consent that you can find here www.zamek.wroclaw.pl/wystawy/galeria-tymczasem-komiks-i-ilustracja/nabor-prac/
 4. The call for submissions is addressed to women artists.
 5. Centrum Kultury Zamek is entitled to cancel the open call without providing a reason.

Eligible media

Painting | Drawing | Photography | Sculpture | Ceramic | Print | Illustration | Textile | Installation (only for artists who can come to the gallery)

Please be aware that we cannot display any digital art, video or audiovisual art.

How to apply?

1. The receipt of applications will comprise:
 1. A duly filled out Google Form available here www.zamek.wroclaw.pl/wystawy/galeria-tymczasem-komiks-i-ilustracja/nabor-prac/
 2. Documentation of each submitted work (up to 2 images per work sent in the Google Form).
2. Participants can submit more than one project and up to 5 different works.
3. The application can be submitted **from December 6, 2021 until January 23, 2022** by filling the Google Form [FORMULARZ ZGŁOSZENIOWY / SUBMISSION FORM \(google.com\)](#)
4. Applications sent after the date stipulated above shall not be accepted.
5. Applications shall be submitted in English or Polish.
6. Centrum Kultury Zamek reserves the right to contact the participant if any question arises.
7. Centrum Kultury Zamek's decision is final and the Organizer reserves the right to refuse a submission without providing a reason and eliminate any works that are not related to the topic or could be considered offensive.

If you have any questions regarding this open call, please contact Marina Vaz at takeupspace.wroclaw@gmail.com.